

## DEMENTIA CARE TIPS DURING THE COVID-19 PANDEMIC

### Appendix 1: Suggested videos to watch regarding COVID-19

<p><b>English</b></p>	<p><i>[The two videos by Kaiser Permanente are presented in an easy and clear manner]</i></p> <p>“How can I protect myself from getting COVID-19” by Kaiser Permanente:  <a href="https://www.youtube.com/watch?v=l87CiCeQTjA">https://www.youtube.com/watch?v=l87CiCeQTjA</a></p> <p>“What is COVID-19 and what are the symptoms?” by Kaiser Permanente:  <a href="https://www.youtube.com/watch?v=uij5lfXbY6g">https://www.youtube.com/watch?v=uij5lfXbY6g</a></p> <p>“How to protect yourself against COVID-19” by World Health Organisation:  <a href="https://www.youtube.com/watch?v=1APwq1df6Mw">https://www.youtube.com/watch?v=1APwq1df6Mw</a></p> <p>“Hand hygiene with soap and water” by Singapore General Hospital:  <a href="https://www.youtube.com/watch?v=4CcGLoYrIPU">https://www.youtube.com/watch?v=4CcGLoYrIPU</a></p>
<p><b>Mandarin</b></p>	<p>“COVID-19 病毒是如何传播的? 我们如何自我防范?” by World Health Organisation:  <a href="https://www.youtube.com/watch?v=iX0iIDtZu6w">https://www.youtube.com/watch?v=iX0iIDtZu6w</a></p> <p>“(Chinese) Stay at home, don’t go out if necessary” by Gov.sg:  <a href="https://www.youtube.com/watch?v=xb0ISo1dypQ">https://www.youtube.com/watch?v=xb0ISo1dypQ</a></p> <p>“8-step handwashing technique with YES933FM” by Mediacorp:  <a href="https://www.youtube.com/watch?v=UF3JjjADqGU&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWBt4CXpt6&amp;index=16">https://www.youtube.com/watch?v=UF3JjjADqGU&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWBt4CXpt6&amp;index=16</a></p>
<p><b>Malay</b></p>	<p>“Suhaimi Yusof gets serious on COVID-19” by Gov.sg:  <a href="https://www.youtube.com/watch?v=MOamkJf_V-s">https://www.youtube.com/watch?v=MOamkJf_V-s</a></p> <p>“What you can do to protect yourself from COVID-19 (Malay) with Warna 94.2FM” by Mediacorp:  <a href="https://www.youtube.com/watch?v=yP9lftGRG14&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWBt4CXpt6&amp;index=2">https://www.youtube.com/watch?v=yP9lftGRG14&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWBt4CXpt6&amp;index=2</a></p>

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<p><b>Tamil</b></p>	<p>“Anandha Kannan gets serious on COVID-19” by Gov.sg: <a href="https://www.youtube.com/watch?v=7YrMrs7IUhU">https://www.youtube.com/watch?v=7YrMrs7IUhU</a></p> <p>“What you can do to protect yourself from COVID-19 (Tamil) with Oli968” by Mediacorp: <a href="https://www.youtube.com/watch?v=xNwHlgS_hn8&amp;list=PL4bszwf0jJI4oJG_3qPfANDIWBt4CXpt6&amp;index=3">https://www.youtube.com/watch?v=xNwHlgS_hn8&amp;list=PL4bszwf0jJI4oJG_3qPfANDIWBt4CXpt6&amp;index=3</a></p>
<p><b>Teochew</b></p>	<p>“What you can do to protect yourself from COVID-19 (Teochew + Hokkien)” by Mediacorp: <a href="https://www.youtube.com/watch?v=6aN3sncR-kQ&amp;list=PL4bszwf0jJI4oJG_3qPfANDIWBt4CXpt6&amp;index=7">https://www.youtube.com/watch?v=6aN3sncR-kQ&amp;list=PL4bszwf0jJI4oJG_3qPfANDIWBt4CXpt6&amp;index=7</a></p> <p>“Watch: Novel Coronairus safety videos in Hokkien, Cantonese &amp; Teochew” by Learndialect.sg: <a href="https://www.wonderwall.sg/health/novel-coronavirus-safety-videos-in-hokkien-cantonese-teochew/">https://www.wonderwall.sg/health/novel-coronavirus-safety-videos-in-hokkien-cantonese-teochew/</a></p>
<p><b>Hokkien</b></p>	<p>“What you can do to protect yourself from COVID-19 (Teochew + Hokkien)” by Mediacorp: <a href="https://www.youtube.com/watch?v=6aN3sncR-kQ&amp;list=PL4bszwf0jJI4oJG_3qPfANDIWBt4CXpt6&amp;index=7">https://www.youtube.com/watch?v=6aN3sncR-kQ&amp;list=PL4bszwf0jJI4oJG_3qPfANDIWBt4CXpt6&amp;index=7</a></p> <p>“(Hokkien) Stay at home, don’t go out if necessary” by Gov.sg: <a href="https://www.youtube.com/watch?v=LuvVLaHoe5Y">https://www.youtube.com/watch?v=LuvVLaHoe5Y</a></p> <p>“Watch: Novel Coronairus safety videos in Hokkien, Cantonese &amp; Teochew” by Learndialect.sg: <a href="https://www.wonderwall.sg/health/novel-coronavirus-safety-videos-in-hokkien-cantonese-teochew/">https://www.wonderwall.sg/health/novel-coronavirus-safety-videos-in-hokkien-cantonese-teochew/</a></p>
<p><b>Cantonese</b></p>	<p>“What you can do to protect yourself from COVID-19 (Cantonese)” by Mediacorp: <a href="https://www.youtube.com/watch?v=OCAVjI8XA8">https://www.youtube.com/watch?v=OCAVjI8XA8</a></p> <p>“(Cantonese) Stay at home, don’t go out if necessary” by Gov.sg: <a href="https://www.youtube.com/watch?v=1DUux-RZNuY">https://www.youtube.com/watch?v=1DUux-RZNuY</a></p> <p>“Watch: Novel Coronairus safety videos in Hokkien, Cantonese &amp; Teochew” by Learndialect.sg: <a href="https://www.wonderwall.sg/health/novel-coronavirus-safety-videos-in-hokkien-cantonese-teochew/">https://www.wonderwall.sg/health/novel-coronavirus-safety-videos-in-hokkien-cantonese-teochew/</a></p>

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<b>Hainanese</b>	“What you can do to protect yourself from COVID-19 (Hainanese)” by Mediacorp: <a href="https://www.youtube.com/watch?v=BLItDW0aMHk&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWbt4CXpt6&amp;index=8">https://www.youtube.com/watch?v=BLItDW0aMHk&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWbt4CXpt6&amp;index=8</a>
<b>Hakka</b>	“What you can do to protect yourself from COVID-19 (Hainanese)” by Mediacorp: <a href="https://www.youtube.com/watch?v=BLItDW0aMHk&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWbt4CXpt6&amp;index=9">https://www.youtube.com/watch?v=BLItDW0aMHk&amp;list=PL4bsz wf0jJl4oJG_3qPfANDIWbt4CXpt6&amp;index=9</a>