

#Despite
DEMENTIA

ADA
ALZHEIMER'S
DISEASE
ASSOCIATION



STAY WELL-READ



#DespiteDementia, I still love reading especially about wellness.
At any age, it is important to be conscious of your health!

- Mdm Saunthala D/O Krishnan, client at ADA's New Horizon Centre

Photo Credit: JCO and Tracy Chia & Associates

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 **alz.org.sg/despitedementia**

SUPPORTING
ORGANISATION

