



JADe Digital Kit Household (Cooking items)



J·A·D·e
JOURNEY WITH ARTS & DEMENTIA

Journey with Arts & Dementia (JADe)

Through the use of the JADe reminiscence starter kit, people living with dementia are encouraged to share their life experiences, memories and stories from the past. You may use this JADe Digital Kit containing images of reminiscence objects to engage your loved ones with dementia in conversation.

While they may not have experience with some of the items in the photos, go with their flow and encourage them to participate.

The theme for this deck of images is
Household (Cooking items).

Suggested conversation time: 20 minutes

Suggested activity time: 20 minutes

Final wrap-up: 5 minutes

Total time: 45 minutes



Kuih Kapit mould

Kuih kapit batter is poured into the moulds and placed over fire to be cooked.

The mould is greased and heated sufficiently before the batter is poured on.

The mould is then closed and cooked over fire for a minute before the love letter can be removed

Guiding Questions

1. Do you know how to make kuih kapit?
2. Where would you get the mould from?
3. Would the mould have different designs?





Charcoal steamboat pot

A table-top cooking method whereby different ingredients are cooked in a simmering pot of soup heated by charcoal

Guiding Questions

1. Did your family used to cook steamboat?
2. Do you enjoy food cooked in this manner?
3. What ingredients would you usually cook inside?





Chicken Bowl

The chicken bowl began in China over a hundred years ago

Guiding Questions

1. Have you used this bowl before?
2. What is your favourite food?





Thermal Vacuum Flask

Liquids stored in a vacuum flask
are kept warm/ cold for a
prolonged period of time

Guiding Questions

1. When would you require to use one of these?
2. How to select a good one when buying it?





Tai Chong Kok Paper Bag

Paper bag from Tai Chong Kok, a Chinatown bakery famous for their mooncakes and Cantonese pastries.

Guiding Questions

1. Are you familiar with this bakery?
2. Was it popular among the locals?
3. Were their mooncakes good?
4. What other popular mooncake shops were there?



Suggested Activity One

Make a spices sensory pouch

Materials needed:

1. Recycled cloths or a small pouch
2. Variety of spices (i.e. peppers, beans)
3. A pair of scissors
4. String

1



Prepare variety of spices

2



Put one type of spices into the pouch

3



Tie a string to secure the spices in the pouch. Let your loved one smell and guess what could be in the pouch

Photo credits:

1 : <https://images.app.goo.gl/ScqUiYJ7xAz3N8AD9>

2 & 3: <https://images.app.goo.gl/qPyiC9xjCtzv85Af7>

Suggested Activity Two

Make a Pandan Flower

Materials needed:

1. Pandan leaves
2. A pair of scissors
3. A pair of stapler



Please visit this link for the instructions on how to make a Pandan Flower:

https://www.youtube.com/watch?v=5_Yr-BvA4Lo

This is part of a series of JADe Digital Kit. Other themes in this series include:

Wedding

Games

Household – Heritage items

Household – Lifestyle items

