











Journey with Arts & Dementia (JADe)

Through the use of the JADe reminiscence starter kit, people living with dementia are encouraged to share their life experiences, memories and stories from the past. You may use this JADe Digital Kit containing images of reminiscence objects to engage your loved ones with dementia in conversation.

While they may not have experience with some of the items in the photos, go with their flow and encourage them to participate.

The theme for this deck of images is **Wedding**.

Suggested conversation time: 20 minutes Suggested activity time: 20 minutes Final wrap-up: 5 minutes Total time: 45 minutes



Wooden Clogs

Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved

A form of everyday footwear popular in Singapore before WWII.

- 1. Where can you buy this?
- 2. In what occasions would you normally wear a clog?
- 3. What is a difference between a male and female clog?



Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved.



Chinese Bridal Wedding comb and mirror

Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved.

Used during the hair combing ceremony in a traditional Chinese wedding. Parents would comb through the hair of the bride and groom while reciting blessings

- 1. What is this used for?
- Describe a memorable marriage ceremony you have attended before. Example: Western, Chinese or Indian ceremony
- 3. What are some of the different marriage rituals you have encountered before?



Chinese Wedding Certificate



Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved.

Chinese wedding certificate

- 1. What is this?
- 2. How is this different from our current marriage certificate?
- 3. Where do you go to get a marriage certificate?



Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved.



Frasier & Neave (F&N) drinking glass

Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved.

Frasier and Neave (F&N) drinking glass

- 1. In what occasion have you seen this cup?
- 2. What are some of the other designs/brands you have seen?
- 3. What is your favourite beverage?



Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved.



Potty

Given during a traditional Chinese wedding as part of the bride's dowry. It symbolises the addition of children into the family

- 1. What does the potty symbolise?
- 2. What is this used for?
- 3. Where have you seen this before?
- 4. Where can you buy this?

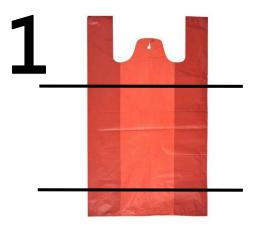


Copyright © Alzheimer's Disease Association (Singapore). All Rights Reserved.

Suggested Activity Make a plastic bouquet (1/2)

Materials needed:

- 1. A recycled plastic bag
- 2. A soft wire or thread
- 3. A pair of scissors



Cut off the top handle and bottom seam of the plastic bag



Cut the bag open at one side and flatten it out



Fold and cut the bag into at least 8 small squares, depending on your preferred size of flower (Suggested size for a start: 7cm x 7cm)

Stack the square pieces together and create an accordion

Suggested Activity Make a plastic bouquet (2/2)



Use the softwire or thread and tie a knot in the middle of the accordion.





Form the petals of the plastic flower by separating the pieces of plastic at each side of the accordion

Use the scissors to cut the edges of the accordion, depending on the type of flower you would like to make



Your flower is done when the separation is complete. To create a multi-colour flower, mix and match your square pieces of plastic from Step 4 This is part of a series of the JADe Digital Kit. Other themes in this series include:

> Games Household – Cooking items Household – Lifestyle items Household – Heritage items

