

20 May 2021

**ADVISORY ON HEIGHTENED ALERT MEASURES**  
**Effective 20 May to 13 June 2021**

On 14 May 2021, the Ministry of Health (MOH) announced the tightening of more measures to decisively arrest the increasing number of COVID-19 cases in the community. In line with the [advisories issued by MOH](#) and Agency for Integrated Care (AIC), ADA will introduce the following measures effective from 20 May to 13 June 2021.

**1. Centre-based Care**

**New Horizon Centres (NHC)**

Operations at all four New Horizon Centres (Bukit Batok, Jurong Point, Tampines, and Toa Payoh) will continue with small group activities restricted to 2 clients per group (reduced from 5 clients).

**Family of Wisdom (FOW) Centres**

Operations at both Family of Wisdom Centres (Bendemeer, and Tiong Bahru) will similarly continue with small group activities restricted to 2 clients per group (reduced from 5 clients).

Clients should stay in the assigned group where possible to minimise the number of close contacts.

**2. Community Support Programmes**

<b>Programme</b>	<b>Details</b>
Caregiver Support & Network	All sessions are conducted online. All participants will be notified. For more information, click <a href="#">here</a> .
Memories Café	All sessions are conducted online. For more information, click <a href="#">here</a> .
Caregiver Support Groups	All caregiver support group sessions are conducted online. For the latest schedules, click <a href="#">here</a> .
Eldersit Services	Services will continue with safe-distancing measures. Each visit should be limited to an hour or less.

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### 3. Home-based Intervention

Programme	Details
Home Support Team	Services will continue with safe-distancing measures, and infection control protocols. Each visit should be limited to an hour or less.
Post Diagnostic Support	ADA will continue to accept referrals (screening, intake and support). Please contact our Helpline at <b>6377 0700</b> (Monday to Friday, 9am to 6pm) for dementia-related information and referral services.

*Note: The Home Support Team provides casework & counselling, and person-centred home-based intervention services.*

### 4. Dementia-Friendly Communities (Kebun Baru, Ang Mo Kio, and Bishan-Toa Payoh)

ADA designated staff will continue supporting the communities, following the respective Community Partners' decisions.

### 5. Public Education Talks and Training Courses

Most in-person talks, and training courses will be moved online or postponed until further notice. Where it is feasible to conduct in-person training, ADA will put in place the prevailing safe management measures for the workplace and/or training sites.

### 6. ADA Headquarters

Operations staff are currently telecommuting. Any work-related meetings in the headquarters must adhere to safe management measures.

### 7. Volunteering

ADA has ceased and/or postponed all non-essential volunteer events. While ADA will accept sign-ups for new volunteers, volunteers will be placed on waitlist for future deployment, as regular volunteering programmes are temporarily ceased. Where feasible, virtual volunteering may be carried out using online platforms for event based/ad-hoc volunteering.

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We thank you for your cooperation and patience while we try our best to reduce the risks of infection, especially amongst our vulnerable clients, and we apologise for any inconveniences caused due to these measures.

Despite these latest measures, ADA will ensure that the care and support is rendered to families and their loved ones with dementia.

For more information of any of the programmes and services affected, please write to [info@dementia.org.sg](mailto:info@dementia.org.sg) or call our Helpline at **6377 0700** (Monday to Friday, 9am to 6pm) .

For past advisories and announcements, refer to <https://alz.org.sg/advisory/>.