

Foundations of Person-Centred Dementia Care is endorsed by the Alzheimer's Disease International. Based on Person-Centred Care principles, the course emphasises on bestowing personhood on the person with dementia as a social being, providing recognition, respect, and trust (Kitwood, 2011).

This course consists of 5 modules:

Module	Module Title	Duration (Hrs)
Foundational Module	Nature and Impact of Dementia	3.5
Core Module 1	Person-Centred Care	3.5
Core Module 2	Behavioural Communication	6
Core Module 3	Purposeful and Meaningful Engagement	6
Elective Module	Palliative Care Approach	3.5
		Total Hours: 22.5

Course Objectives

- Describe the impact of dementia on communication
- Identify strategies for effective communication with a person with dementia
- Understand behavior associated with dementia
- Identify potential triggers for behavior associated with dementia
- Identify a range of options for managing the impact of behavior change
- Identify signs that would alert you to the possibility of elder

Training Methodology

Lecture, Class/Group discussion

Core Module 2


Behavioural Communication aims to equip learners with strategies for effective communication with persons living with dementia, and facilitate understanding of behaviour change as a means of communicating unmet needs, so as to apply a range of options to manage the impact of behaviour change.

Course Outline


Face to Face session

- Impact of Dementia on communication
- The 'ACCAS' framework for communicating with persons with dementia
- Effective communication approaches
- Behaviour associated with dementia
- Potential triggers
- Developing interventions
- Elder Abuse

Venue

 Alzheimer's Disease Association, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914

Enquiries

 6389 5102  Professional_trg@alz.org.sg

Target Audience

Front-line care staff and volunteers who would like to be equipped with a basic understanding of how to care for people living with dementia in a variety of settings including the family home, centre-based services, and residential care facilities.

Course Time

9am – 5.00pm

Course Fee: \$192.60 (Including GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

Trainers' Profile

Ms Fong Yoke Leng is a trained nurse with many years of experience in managing social, rehabilitation and dementia day centres. As one of the lead trainers for the ADA Training Programmes, she has inspired many caregivers with her dynamic training style and passion for dementia care. Fong was formerly the Centre Manager of Alzheimer's Disease Association's New Horizon Centres at Jurong Point and Tampines, and the coordinator for the MINDVital and MIND-Active programmes at the Centre of Geriatric Medicine, Tan Tock Seng Hospital. These programmes were for persons with dementia and their caregivers in the Cognitive and Memory Disorders Service. Fong holds a Master of Clinical Rehabilitation from Flinders University, Australia, and has attained the WSQ Advanced Certificate in Training and Assessment (ACTA).



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