

## Corporate Social Responsibility



Giving back should be fun, easy and most importantly, meaningful! Whether you want to celebrate a festive occasion or share your skills to support us, we welcome you to join us.

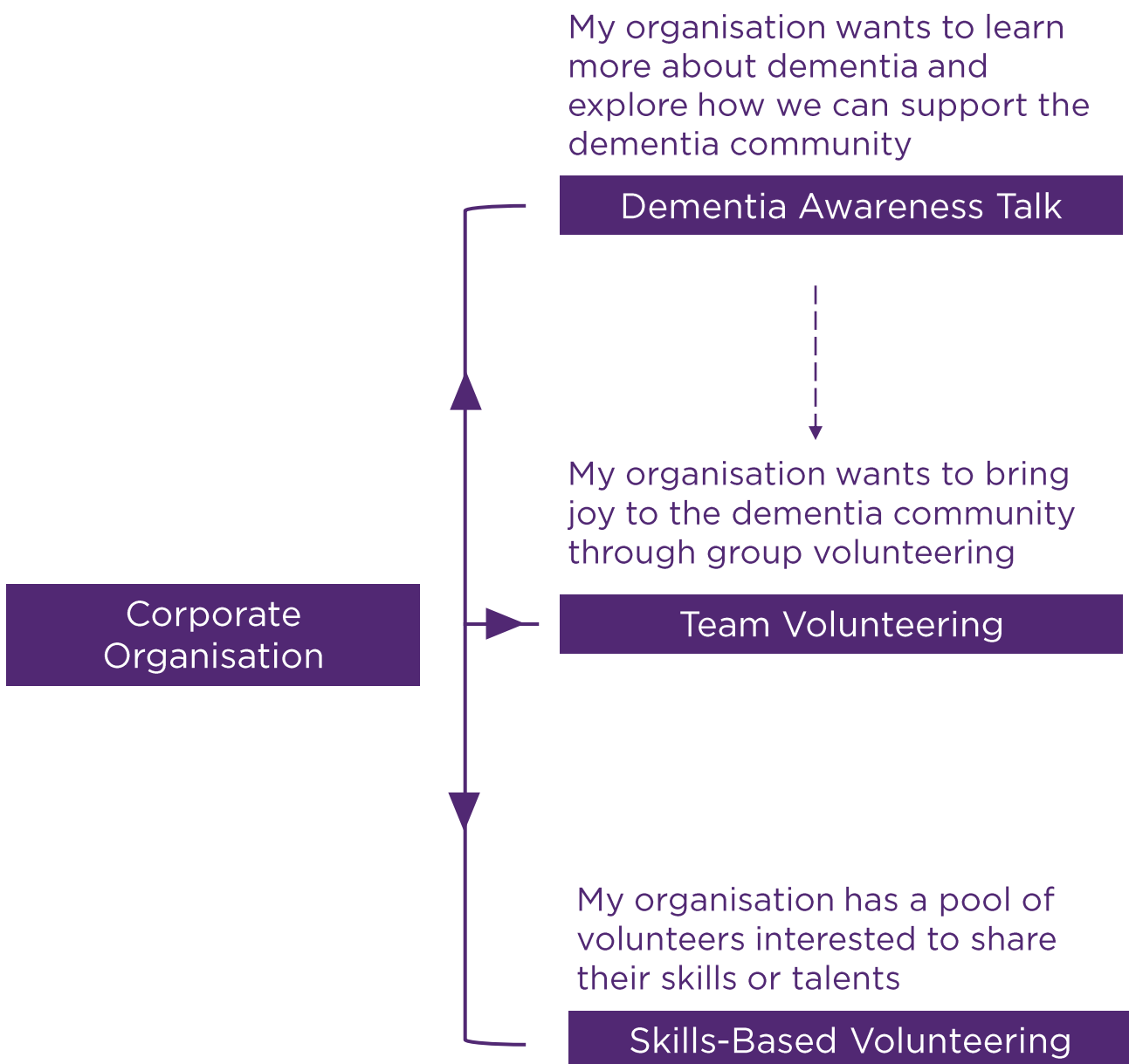


### Ideas and Inspiration



Together, we can co-create ideas for our dementia community and inspire one another to do greater, better!

## Engagement Possibilities



My organisation wants to learn more about dementia & explore how we can support the dementia community

## Begin The Journey

Find out more about dementia, signs & symptoms, risk factors & how it impacts the community.

### Dementia Awareness Talk

#Didyouknow globally: Dementia has affected 50 million people worldwide, and this number is expected to rise to 82 million by 2030, and 152 million by 2050.

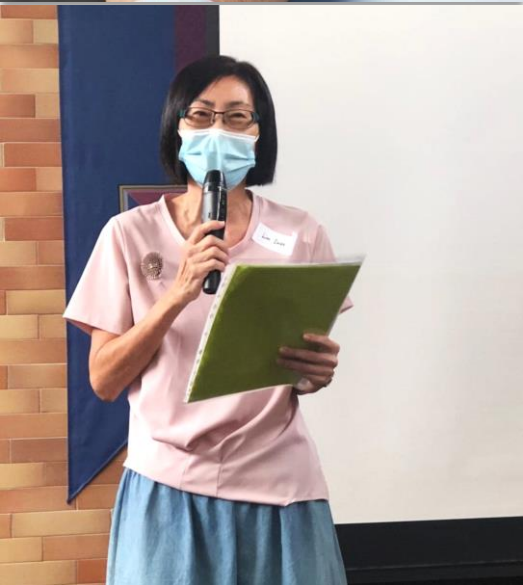
Curious to find out more? Let us organise a dementia awareness talk for your team where we cover non-medical topics on:

- What is dementia?
- Signs/symptoms of dementia
- Risk factors and ways to reduce the risk
- Where to get help (overview of our services)
- What is a Dementia-Friendly Community and how can I help?

Have your team join this interactive meeting with video clips, a sharing by persons impacted by dementia and Q&A segment.

**Details:**

Current format: a virtual weekday Zoom session lasting about an hour.



My organisation wants to bring joy to the dementia community through group volunteering

## Get Together For Team Volunteering

Celebrate special occasions or festivities with our clients such as Birthdays of the Month, National Day or even, your organization's CSR Day!

### Themed Activities & Celebrations

With good food, music and games, themed ideas with related activities are a sure hit. How about a fun celebration around the festivity that you have in mind with our clients?

#### Some ideas for team volunteering:

- Auspicious Lunar New Year – have a 'Huat' party with all things red. Prepare a Guess the Price game of red items
- Patriotic National Day – bring the parade to our clients. Provide NDP Fun Packs, flags and prepare a game of Guess the National Day Song
- Big on Health – champion fitness as a company? Lead our clients in simple upper body exercises/dances
- Birthdays of the Month

#### Format:

A one-hour virtual Zoom session  
Weekdays, between 10am and 12pm

#### Requirements:

Volunteers can conduct the session in a team of between 5 and 10 people.





My organisation has a pool of volunteers interested to share their skills or talents

## Skills-Based Volunteering

Explore ways for your organisation to contribute through skills or talents



### Skills & Talent Match

From time to time, we may need support for specialized skills, such as Graphic Design, and Photography. Skills that your organization may have.

Or perhaps, your organization would like to share your expertise – which may support our organization through capability building.

We can look at possibilities of matching & collaboration.

### CONTACT US

We encourage a collaborative approach, where we work through the intention, ideation & execution of volunteering activities together.

Kindly reach out to us via email for a discussion:  
[volunteer@dementia.org.sg](mailto:volunteer@dementia.org.sg)