



What is Post Diagnostic Support (PDS)? 什么是“PDS”?

PDS was established by Dementia Singapore in recognition of the lack of dedicated support services for newly diagnosed persons with dementia and their caregivers. Through the principles of Person-Centred Care, the values and preferences of the persons with dementia are used to guide care.

PDS是由新加坡失智症机构为失智症人士与其照护者所设立的支援服务。通过“以人为本”的照护原则及失智症人士的价值观念和喜好，与失智症人士及照护者共同建立的长久性护理计划。

In partnership with Lien Foundation
合作伙伴：连氏基金



Dementia Singapore 新加坡失智症机构

Dementia Singapore was formed in 1990 as the 'Alzheimer's Disease Association' to better serve Singapore's growing dementia community, increase awareness about dementia, and reduce the stigma surrounding the condition. As Singapore's leading Social Service Agency in specialised dementia care, Dementia Singapore aims to **advocate** for the needs of people with dementia and their families; **empower** the community through capability-building, knowledge and consultancy; and deliver quality, person-centred **care innovations**.

新加坡失智症机构的前身是新加坡失智症协会，成立于1990，旨在更好的为新加坡不断增长的失智症社区服务，提高人们对失智症的认识，减少围绕失智症情况的污名。

作为新加坡专业失智症护理社会服务机构先锋，新加坡失智症机构旨在倡导失智症人士及其家庭的需求：社区充权透过能力建设、知识和咨询来增强社区的能力；给予品质、以人为本的护理创新。

CONTACT US 请与我们联络

📍 20 Bendemeer Road, #01-02,
BS Bendemeer Centre, Singapore 339914
✉ info@dementia.org.sg ☎ 6377 0700
🌐 dementia.org.sg

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Post Diagnostic Support 诊断后援助

DEMENTIA HELPLINE
6377 0700
Monday-Friday, 9am-6pm

How PDS Will Assist PDS的支援

PDS team will engage each family over a period of one year. PDS services include:

- Early identification of current and future needs of the persons with dementia and their caregivers.
- Developing a personalised and flexible care plan that will offer guidance throughout the progression of dementia.
- Providing psychoeducation and socioemotional support to the persons with dementia and their caregivers.
- Linking up to community support programmes and training for the persons with dementia and their caregivers.

PDS的团队将为失智症人士及照护者提供一年的支援协助。PDS的服务包括：

- 尽早了解失智症人士及照护者当前与未来的需求。
- 规划个别化且灵活的长久性护理计划，为失智症人士及照护者提供持续性地指引。
- 与失智症人士及照护者分享与失智症相关的资讯，并给予心灵上的支持。
- 为失智症人士及照护者提供适当的社区服务与培训计划。



Service Objectives 服务宗旨

- To create a collaborative care plan together with persons with dementia.
- To empower caregivers to support one another in their shared experiences through a peer support network.
- To build resilience through sharing skills and knowledge about dementia.
- To ultimately help the persons with dementia and their caregivers live well with an enhanced quality of life.
- 与失智症人士共同制定个别化及长久性的护理计划。
- 照护者可通过互助平台，提高自主能力。
- 通过分享照护技能和知识，建立与增强照护者应对逆境的能力。
- 终极目标为失智症人士及照护者提高生活素质。

Service Eligibility 服务对象

Persons with dementia must be newly diagnosed at selected hospitals, regardless of the stage of dementia.

不论任何阶段的失智症，必须是由指定的医院初次诊断为有失智症的人士。

Service Fee 收费条例

PDS is a non-chargeable service.
PDS的服务是免收费的。

