

Voices for Hope

DEMENTIA SINGAPORE

The Voices for Hope programme is an initiative by Dementia Singapore, with an aim to empower persons with dementia and their care partners to share their stories in the community.

Ultimately, Dementia Singapore hopes to create a network of persons with dementia and care partners who can support each other and have their voices heard on a public platform.

PROGRAMME STRUCTURE

Breaking The Silence

Building familiarity with one another, share experiences, stories and identify each other's abilities

Advocacy and Change

Understand advocacy concepts and cultivate self-advocacy skills

Dementia and I

Understand living with dementia as an individual and as a family

Stigma and Impact

How the right language impacts people living with dementia

Living Well Despite Dementia

Focus on involvement and contribution in the family and community

BENEFITS

- Experience renewed meanings and purpose in life
- Connect with like-minded people who understand your journey
- Make a difference, lend a hand and a voice

Fees: Complimentary

10-week programme, 3 hours per session

Day: Weekday or Sat

Venue: Dementia Singapore
20 Bendemeer Road, #01-02,
BS Bendemeer Centre,
Singapore 339914

Scan and visit our website for more information:

