

Support Persons Living with Dementia Care is a competency-based certification programme. It provides learners with the knowledge and skills required to support persons living with dementia in the community and social service sector.

This is a blended course and it consists of 3 modules and assessments:

- Module 1 Apply Person-Centred Care
- Module 2 Provide activities to maximise autonomy and promote wellbeing
- Module 3 Develop and implement techniques which minimise the impact of changed behaviour

The competency assessment for this course consists of written assessment, practical performance (PP) and oral questioning (Total duration: 3.5hours)

Course Objectives

- Apply Person-Centred Care approaches to care planning for persons living with dementia
- Assess the needs of caregivers to provide information and referral to access relevant health and social services
- Provide activities to maximise autonomy and promote wellbeing
- Develop and implement techniques which minimise the impact of changed behaviour

Target Audience

Professional Staff including nurses, allied health professionals, social workers, counsellors, who are involved in developing care plans, planning activity programmes for persons living with dementia, and supporting direct care staff to manage behaviours of concern.

Course Time

9pm – 5.00pm

Assessment

Duration: 1 hour

Date: 3 weeks after last day of classroom training

Course Fee: \$1,348.20 (Including

GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

Trainers' Profile

Ms Koh Hwan Jing is an Occupational Therapist, and Director of Community Enablement at the Dementia Singapore (formerly known as Alzheimer's Disease Association). She has worked with nursing homes to implement Person-Centred Care and has recently been involved in the evaluation of care environments in nursing homes using Dementia Care Mapping. Hwan Jing holds a BSc (Hons) in Occupational Therapy from the University of Exeter, UK (2000), and a Masters in Mental Health Studies from King's College London, UK (2007). She has attained the WSQ Advanced Certificate in Training and Assessment (ACTA) and certified in Dementia Care Mapping (Advanced User).

Training Methodology


Self-paced E-Learning: SCORM, Forum discussion; Online reflection
Classroom: Lecture; Class/Group discussion; Reflection; Demonstration; Role Play; Case Study; Jigsaw Collaborative Learning

Module	Self-paced E-Learning	Classroom Facilitation
Blended Learning		
Module 1 – Apply Person-Centred Care	3 hours – to complete before	Day 1 & 2 9am – 5pm
<ul style="list-style-type: none"> • Person-Centred Care • The Brain and Understanding of Dementia • Classroom Written Assignment 1 	Module 1 classroom sessions	
Module 2 - Provide Activities to Maximise Autonomy and Promote Wellbeing	2.5 hours – to complete before	Day 3 9am – 5pm
<ul style="list-style-type: none"> • Therapeutic Activities for PLWD • Design Activities for Person with Dementia • Classroom Written Assignment 2 	Module 2 classroom session	
Module 3 - Develop and Implement Techniques which Minimise the Impact of Changed Behaviour	1 hour – to complete before	Day 4 9am – 5pm
<ul style="list-style-type: none"> • Understanding Behaviour Changes in Persons with Dementia • Classroom Written Assignment 3 	Module 3 classroom session	

Assessment: Practical Performance & Oral Questioning

3 weeks after Day 4

Venue

 Dementia Singapore Academy, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914

Enquiries

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