

ANNEX:**Dementia Singapore Launches Mobile App For Pioneering Dementia Membership Programme****How to Sign Up for CARA****1. Download the CARA Mobile App**

On either the Apple App Store or Google Play Store, search for the **CARA SG** mobile app and download.

2. Sign up for your Membership*

The registration process requires you to fill out details of the caregiver(s) and person living with dementia.

3. Wait to be Notified*

You will be notified of the outcome of your registration within **7** working days. All other notifications and updates will also be via the **CARA SG** mobile app.

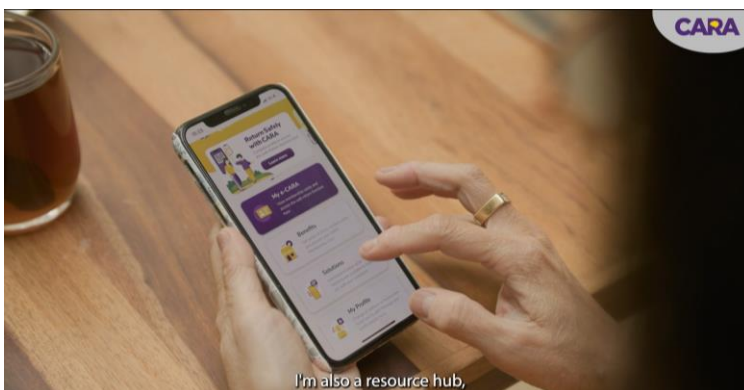
4. Enjoy your CARA Membership!*

Once approved, you can access your e-CARA membership card, view the list of partner benefits, solutions, and manage your profile all within the app.

Please allow a minimum of 2 weeks for the physical CARA card to reach you (for persons living with dementia).

Watch the sign-up video [here](#). For more information, visit <https://cara.sg/>.

**Only applies to users who are signing up for a 'Person with Dementia' or 'Caregiver' membership. Members of Public can sign-up for a CARA membership but points 2 – 4 will not apply. Visit the [FAQ page](#) for more information.*

All about CARA: Product Video

Find out more about CARA in this 3-minute video [here](#).

List of Benefit Partners

Leisure	Gardens by the Bay Lee Kong Chian National History Museum Mandai Wildlife Group National Gallery Singapore Science Centre Singapore Trick Eye Museum Wild Wild Wet Xperience DMC
Health	Eu Yan Sang TCM Clinic Healthway Dental Nutricia Singapore Speedoc Xing Chun TCM Clinic
F&B	Courtyard Cafe & Lounge Enjoy DoDo Food for Thought Foreward Coffee Roasters Juice Stories Mary's Kafe by Mary Gomes Papitto Gelato The Tea Story Wild Thyme Café
Wellness	Crestar School of Dance Mentidote Red Balloon Therapy The Senses Therapy Yoga Lah
Retail	Age Gracefully Amazing Hearing Asia BW Generation Eu Yan Sang Falcon Mobility Footkaki Genconnects Hearing Partners OMG Solutions Silver Activities The Golden Concepts
Services	Bodhiwheeler Care Express Services Caregiver Asia Carpet Doctor ComfortDelGro MedCare First Ambulance Home Fresh Home Instead LearnDialect.sg

	Oasis Aircon Pacific Rehab & Therapy Tack GPS Location Tracker Timeliss Zero1
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List of Solution Partners

Health & Wellness	Active SG Masters Club Apex Harmony Lodge CareLibrary Cycling Without Age Dementia Singapore - Caregiver Support SAGE Counselling Centre SATA CommHealth Society for WINGS TSAO Foundation
Products, Services & Apps	Caring SG Communters Committee Dementia Friends App Honyo Industries KYDZ International Learn Well International Play Hua Hee SG Assist The Eden Lab
Care Partners	Active Global Home & Community Care AWWA Bethesda Care Services Centre for Seniors Council for Third Age Dementia Singapore - Training for FDWs Law Society Pro Bono Services NTUC Health SASCO Senior Citizens' Home TOUCH Community Services Yong-En Care Centre
Leisure	Dementia Singapore - Memories Café Edible Garden City Esplanade – Theatres on the Bay Solace Art Psychotherapy The Glowers Drama Group The Theatre Practice U 3rd Age Vintage Radio

For the latest updates on Member Benefits and Solutions, visit <https://cara.sg/benefits/>.

Quotes from Benefit and Solution Partners

ComfortDelGro MedCare

Mr Lim Tien Hock
CEO

We are delighted to partner Dementia Singapore and joining its CARA platform. This ecosystem of solutions for persons living with dementia and caregivers enables us to help them to get to their destinations in a safe and reliable manner. We believe that transportation should be made accessible for everyone in an inclusive society and we hope that our staff, with their dementia awareness training, will be able to make a positive impact on their quality of life.

Tsao Foundation

Mr Say Kwee Neng
CEO

Tsao Foundation's Community for Successful Ageing (ComSA) at Whampoa takes a collaborative, community-wide approach to support positive ageing and fulfil the aspirations of elders to age in place. The Dementia Care System is one of the key programmes offered under our integrated care model. We applaud and welcome this new mobile application which not only expands the circle of care for individuals with dementia, it also puts convenience, peace of mind and useful resources in the palms of their caregivers.

The Foundation is delighted to be a part of Dementia Singapore's CARA programme where our ComSA Centre located in Whampoa Community Club is a safe, go-to point of contact for persons with dementia who need care, guidance, and assistance. We are particularly keen to be a warm face to those persons with dementia who do not have family caregivers or are cared for by senior caregivers who may not be tech-savvy. At ComSA, persons with dementia and their caregivers can also enjoy our community library, Café Kawan and benefit from courses offered by our Learning Room.

Yong-en Care Centre

Ms Griselda Ong
Director, Elderly Services

To us, dementia inclusiveness is the recognition and acceptance that persons living with dementia are part of the larger community; where respect and support is needed for each one to thrive purposefully and lead healthy, social lives.

We see the benefits and far-reaching impact of CARA towards building a dementia inclusive community; as a singular platform that connects care recipients, caregivers and care partners to a portal of resources. As a dementia care service provider, Yong-en is excited to be part of this meaningful journey.

Quotes from CARA Members

Ms Wong Lai Quen

Caregiver to her husband with dementia

CARA helps me to look out and plan for activities or solutions for my husband, Steven, who is living with dementia. Many attractions and services have been very welcoming - they recognise us as CARA caregivers, and makes us feel special. CARA's safe-return function also gives me peace of mind should our loved ones lose their way.

Mr Francis Leong

Caregiver to his wife with dementia

I joined CARA out of care and concern for our loved ones with dementia and ensure that our loved one will be able to find his/her way home. CARA is another option for those with dementia to be located more easily.

Ms Low Hui Ngee

Caregiver to her mother with dementia

I joined CARA to connect with other caregivers because I believe a community of caregivers will strengthen our caregiving journey.