# **Dementia Care Mapping (DCM™) for Realising Person Centred Care**



DCM<sup>TM</sup> is an observational tool developed by the Bradford Dementia Group, designed to evaluate the quality of care from the perspective of the person living with dementia. It is used in care settings such as day care services, hospitals, and nursing homes. Based on the philosophy of Person-Centred Care, DCM<sup>TM</sup> promotes a holistic care approach which upholds the personhood of the person with dementia. The information gathered from DCM<sup>TM</sup> is used to develop individualized care plans to bring about changes which enhance the wellbeing of persons with dementia.

To provide participants with:

- Knowledge of person-centred dementia care and its application in practice in the care setting in which you work.
- The ability to use DCM™ to assess and make recommendations for the realisation of personcentred dementia care in the care setting in which you work.

## **Course Objectives**

By the end of this course participants will be able to:

- · Describe the psychological needs of people with dementia, and ways to meet them.
- Use the four phases of a DCM<sup>™</sup> practice development cycle: briefing, observation, feedback, and action planning to realise person-centred care.
- Brief colleagues on the purpose and conduct of DCM™ practice development cycles in your place of work.
- Use DCM<sup>™</sup> to appraise and make recommendations for realizing person-centred care.
- Engage in collaborative action planning with care staff.

# **Training Methodology**

Lecture; Class/Small Group discussion; Video/DVD observation/ Group exercises/ Scenario observations; Role-play; Assessment

### Course Outline

### Face to Face Session

- Theory and DCM Coding
- Application of learning
- Analyse data and data interpretation
- · Report results and how to apply the learning

Open Dementia Singapore Academy, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914



# **Target Audience**

Health and Social Care Practitioners who have an interest in evaluating and transforming the quality of care for persons with living with dementia in formal care settings.

### Course Time

9am - 5.00pm

Course Fee: \$2,022.30 (Including GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

## **Trainers' Profile**

Ms Carol Fusek currently is a member of the Dementia Singapore (formerly known as Alzheimer's Disease Association) and works with them in a paid and volunteer particularly, in supporting Dementia Care Mapping (DCM $^{\text{TM}}$ ) and Person Centred Care (PCC) training. Since 2002, Carol has pursued her community-focused interests and has been certified by the University of Bradford, United Kingdom, in the DCM method. In 2004, she earned an advanced mapping certification and evaluator status. In 2013, Carol earned her certification as a DCM trainer. Carol has a strong background in delivering executive coaching and consulting services to corporate and not for profit clients across the Asia-Pacific region where she has lived and worked since 1991.



