

**Certificate in Foundations of Person-Centred Dementia Care** is based on Person-Centred Care principles, which emphasises on bestowing personhood on the person with dementia as a social being, providing recognition, respect, and trust (Kitwood, 2011). At the end of the course, participants will be assessed on their competencies acquired through the learnings. The competency assessment for this course consists of a quiz, a written assessment, role-playing, and oral questioning.

This course consists of 5 modules:

Module	Module Title	Duration (Hrs)
Module 1	Nature and Impact of Dementia	3.5
Module 2	Person-Centred Care	3.5
Module 3	Behavioural Communication	6
Module 4	Purposeful and Meaningful Engagement	6
Module 5	Palliative Care Approach	3.5

### Course Objectives

This course comprises 5 modules and aims to equip healthcare and social service professionals with practical dementia knowledge and skills. The learning journey will start with an overview of the nature and impact of dementia. Learners will be guided to reflect on their current practice and identify ways to apply Person-Centred Care principles through effective strategies to support behaviour changes, and meaningful activities. In the last module, learners will learn to recognise end of life and appreciate the palliative care approach for persons with advanced dementia to ensure quality of life.

### Training Methodology

Lecture, Class/Group discussion, Experiential Activity; Role Play; Workplace Learning; Reflection

### Course Description

**Module 1: Nature and Impact of Dementia** aims to provide learners with an introduction to dementia and its impact, and ways to assist the person with dementia through Person-Centred Care.

**Module 2: Person-Centred Care** aims to provide learners with strategies to promote person-centred care and apply self-care strategies for both professional care staff and family caregivers.

**Module 3: Behavioural Communication** aims to equip learners with strategies for effective communication with persons living with dementia, and facilitate understanding of behaviour change as a means of communicating unmet needs, so as to apply a range of options to manage the impact of behaviour change.

**Module 4: Purposeful and Meaningful Engagement** aims to equip learners with the knowledge and skills to promote meaningful activity and engagement to meet individual needs of persons living with dementia.

**Module 5: Palliative Care Approach** aims to provide learners with an understanding of how persons living with dementia can be supported with a palliative care approach relating to their physical, psychosocial, and spiritual needs.

### Venue

Dementia Singapore Academy, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914

### Enquiries

63895384 academy@dementia.org.sg

### Target Audience

Front-line care staff and volunteers who would like to be equipped with a basic understanding of how to care for people living with dementia in a variety of settings including the family home, centre-based services, and residential care facilities.

### Course Time

9am – 12.30pm

9am – 5.30pm

Assessment Duration: 3 hours

Assessment Date: 2 weeks after last day of classroom training

### Course Fee: \$988.68 (Including GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

### Trainers' Profile

**Joanne Loy** is a DACE and ACTA certified full time dementia care trainer with Dementia Singapore (formerly known as Alzheimer's Disease Association (ADA)). She is also a certified Dementia Care Mapping (Basic User) by University of Bradford and Spark of Life certified facilitator. Joanne has conducted training sessions for family and professional caregivers. She is passionate about dementia care and has actively involved in public education on dementia awareness, including raising dementia awareness among seniors at senior activity centres. Prior to becoming a full-fledged trainer, Joanne was a key member of the Eldersit team in ADA which her main role was to provide guidance and taught eldercare workers on ways to engage persons with dementia in meaningful activities at home.

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