

Foundations of Person-Centred Dementia Care is based on Person-Centred Care principles, which emphasises on bestowing personhood on the person with dementia as a social being, providing recognition, respect, and trust (Kitwood, 2011).

This course consists of 5 modules:

| Module | Module Title | Duration (Hrs) |
|---------------------|--------------------------------------|-------------------|
| Foundational Module | Nature and Impact of Dementia | 3.5 |
| Core Module 1 | Person-Centred Care | 3.5 |
| Core Module 2 | Behavioural Communication | 6 |
| Core Module 3 | Purposeful and Meaningful Engagement | 6 |
| Elective Module | Palliative Care Approach | 3.5 |
| | | Total Hours: 22.5 |

Course Objectives

- Explain the impact of the environment on persons with dementia
- Identify strategies for promoting person-centred care
- Describe the impact of dementia on professional staff
- Recognise signs and symptoms of stress, compassion fatigue, and burnout
- Apply self-care strategies for self and caregivers

Training Methodology

Lecture, Class/Group discussion

Core Module 1

Person-Centred Care aims to provide learners with strategies to promote person-centred care and apply self-care strategies for both professional care staff and family caregivers.

Course Outline

- Zoom Session
- Face to Face Session

- Impact of the environment
- Principles of Person-Centred Care
- Impact of dementia on professional staff
- Signs and Symptoms
- Self-Care Strategies

Venue

Dementia Singapore Academy, 20 Bendemeer Road,
BS Bendemeer Centre #01—02 Singapore 339914

Enquiries

63895384 academy@dementia.org.sg

Target Audience

Front-line care staff and volunteers who would like to be equipped with a basic understanding of how to care for people living with dementia in a variety of settings including the family home, centre-based services, and residential care facilities.

Course Time

9am - 5pm

Course Fee: \$101.12 (Including GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

Trainers' Profile

Joanne Loy is a DACE and ACTA certified full time dementia care trainer with Dementia Singapore (formerly known as Alzheimer's Disease Association (ADA)). She is also a certified Dementia Care Mapping (Basic User) by University of Bradford and Spark of Life certified facilitator. Joanne has conducted training sessions for family and professional caregivers. She is passionate about dementia care and has actively involved in public education on dementia awareness, including raising dementia awareness among seniors at senior activity centres. Prior to becoming a full-fledged trainer, Joanne was a key member of the Eldersit team in ADA which her main role was to provide guidance and taught eldercare workers on ways to engage persons with dementia in meaningful activities at home.

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