

Foundations of Person-Centred Dementia Care is based on Person-Centred Care principles, which emphasises on bestowing personhood on the person with dementia as a social being, providing recognition, respect, and trust (Kitwood, 2011).

This course consists of 5 modules:

Module	Module Title	Duration (Hrs)
Foundational Module	Nature and Impact of Dementia	3.5
Core Module 1	Person-Centred Care	3.5
Core Module 2	Behavioural Communication	6
Core Module 3	Purposeful and Meaningful Engagement	6
Elective Module	Palliative Care Approach	3.5
		Total Hours: 22.5

Course Objectives

- Appreciate the importance of Palliative Care approach in dementia care
- Identify symptoms associated with End of Life (EOL)
- Identify ways to manage symptoms associated with EOL
- Recognise cultural and religious differences associated with death and dying
- Identify how you can integrate the learning from the course into your care practices

Training Methodology

Lecture, Class/Group discussion, Reflection

Target Audience

Front-line care staff and volunteers who would like to be equipped with a basic understanding of how to care for people living with dementia in a variety of settings including the family home, centre-based services, and residential care facilities.

Course Time

9am – 12.30pm

Course Fee: \$101.12 (Including GST) Prevaling course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

Trainers' Profile

Michelle Tan is a Senior Occupational Therapist who enjoys collaborating with older adults with mental health concerns. She has a Master of Occupational Therapy (Graduate Entry) degree from University of South Australia. Her past work experience with Changi General Hospital included training and consultancy work with community eldercare agencies. She has provided consultancy services to AiC on coaching dementia champions of identified nursing homes. She attained the WSQ Advanced Certificate in Training and Assessment (ACTA) and has conducted training and workshops for professional and family caregivers, including eldercare workers in the community.

Elective Module

Palliative Care Approach aims to provide learners with an understanding of how persons living with dementia can be supported with a palliative care approach relating to their physical, psychosocial and spiritual needs.

Course Outline

• Zoom Session • Face to Face Session

- Palliative Care approach in dementia care
- Symptoms at EOL and Management
- Cultural and religious differences
- Application to care practices

Venue

Dementia Singapore Academy, 20 Bendemeer Road,
BS Bendemeer Centre #01—02 Singapore 339914

Enquiries

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