

Foundations of Person-Centred Dementia Care is based on Person-Centred Care principles, which emphasises on bestowing personhood on the person with dementia as a social being, providing recognition, respect, and trust (Kitwood, 2011).

This course consists of 5 modules:

Module	Module Title	Duration (Hrs)
Foundational Module	Nature and Impact of Dementia	3.5
Core Module 1	Person-Centred Care	3.5
Core Module 2	Behavioural Communication	6
Core Module 3	Purposeful and Meaningful Engagement	6
Elective Module	Palliative Care Approach	3.5
		Total Hours: 22.5

Course Objectives

- Describe the signs and symptoms of dementia, delirium and depression
- Identify the common causes and risk factors of dementia
- Describe the impact of dementia on the person with dementia and family caregivers
- Recognise the principles of Person-Centred Care
- Identify ways in which we can assist the person with dementia in everyday activities to enhance their well-being

Training Methodology

Lecture, Class/Group discussion

Target Audience

Front-line care staff and volunteers who would like to be equipped with a basic understanding of how to care for people living with dementia in a variety of settings including the family home, centre-based services, and residential care facilities.

Course Time

9am – 12.30pm

Course Fee: \$101.12 (Including GST) Prevaling course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

Trainers' Profile

Joanne Loy is a DACE and ACTA certified full time dementia care trainer with Dementia Singapore (formerly known as Alzheimer's Disease Association (ADA)). She is also a certified Dementia Care Mapping (Basic User) by University of Bradford and Spark of Life certified facilitator. Joanne has conducted training sessions for family and professional caregivers. She is passionate about dementia care and has actively involved in public education on dementia awareness, including raising dementia awareness among seniors at senior activity centres. Prior to becoming a full-fledged trainer, Joanne was a key member of the Eldersit team in ADA which her main role was to provide guidance and taught eldercare workers on ways to engage persons with dementia in meaningful activities at home.

Foundational Module

Nature and Impact of Dementia aims to provide learners with an introduction to dementia and its impact, and ways to assist the person with dementia through Person-Centred Care.

Course Outline

- Zoom Session
- Face to Face Session

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- Identify the common causes and risk factors of dementia
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- Recognise the principles of Person-Centred Care
- Identify ways in which we can assist the person with dementia in everyday activities to enhance their well-being

Venue

📍 Dementia Singapore Academy, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914

Enquiries

☎ 63895384 ✉ academy@dementia.org.sg

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