

**Support Persons Living with Dementia Care** is a competency-based certification programme. It provides learners with the knowledge and skills required to support persons living with dementia in the community and social service sector.

This is a blended course and it consists of 3 modules and assessments:

- Module 1 Apply Person-Centred Care
- Module 2 Provide activities to maximise autonomy and promote wellbeing
- Module 3 Develop and implement techniques which minimise the impact of changed behaviour

The competency assessment for this course consists of written assessment, practical performance (PP) and oral questioning (Total duration: 3.5hours)

### Course Objectives

- Apply Person-Centred Care approaches to care planning for persons living with dementia
- Assess the needs of caregivers to provide information and referral to access relevant health and social services
- Provide activities to maximise autonomy and promote wellbeing
- Develop and implement techniques which minimise the impact of changed behaviour

### Training Methodology

Self-paced E-Learning: SCORM, Forum discussion; Online reflection  
 Classroom: Lecture; Class/Group discussion; Reflection; Demonstration; Role Play; Case Study; Jigsaw Collaborative Learning

Module	Self-paced E-Learning	Classroom Facilitation
<b>Blended Learning</b>		
<b>Module 1 – Apply Person-Centred Care</b>	3 hours – to complete before	Day 1 & 2 9am – 5pm
<ul style="list-style-type: none"> <li>• Person-Centred Care</li> <li>• The Brain and Understanding of Dementia</li> <li>• Classroom Written Assignment 1</li> </ul>	Module 1 classroom session	
<b>Module 2 - Provide Activities to Maximise Autonomy and Promote Wellbeing</b>	2.5 hours – to complete before	Day 3 9am – 5pm
<ul style="list-style-type: none"> <li>• Therapeutic Activities for PLWD</li> <li>• Design Activities for Person with Dementia</li> <li>• Classroom Written Assignment 2</li> </ul>	Module 2 classroom session	
<b>Module 3 - Develop and Implement Techniques which Minimise the Impact of Changed Behaviour</b>	1 hour – to complete before	Day 4 9am – 5pm
<ul style="list-style-type: none"> <li>• Understanding Behaviour Changes in Persons with Dementia</li> <li>• Classroom Written Assignment 3</li> </ul>	Module 3 classroom session	
<b>Assessment: Practical Performance &amp; Oral Questioning</b>		3 weeks

### Target Audience

Professional Staff including nurses, allied health professionals, social workers, counsellors, who are involved in developing care plans, planning activity programmes for persons living with dementia, and supporting direct care staff to manage behaviours of concern.

### Course Time

9pm – 5.00pm

### Assessment

Duration: 1 hour

Date: 3 weeks after last day of classroom training

**Course Fee:** \$1348.20 (Including GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

### Trainers' Profile

**Koh Hwan Jing** is the Director of Community Enablement at Dementia Singapore. As an Occupational Therapist for over 20 years, she has a wide range of experiences working with people living with dementia and their caregivers across different care settings. She has developed and delivered training courses for family caregivers and professional caregivers and has been actively involved in enabling community partners to enhance the quality of dementia care. Hwan Jing holds a Masters in Mental Health Studies from King's College London, UK (2007). She has attained the WSQ Diploma in Adult and Continuing Education (DACE) and is certified in Dementia Care Mapping (Advanced User).

#### Venue

📍 Dementia Singapore Academy, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914

#### Enquiries

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