# **Integrated Care for Dementia**

# **OiC Learning Network**

**Integrated Care for Dementia** is a blended course aims to empower learners with the knowledge and skills to address and support multiple needs of persons living with dementia and caregivers across medical, psychosocial, and psychological domains.

## **Course Objectives**

- Apply Person-Centred Care approaches to care planning for persons living with dementia.
- Understand health and neurological impairment.
- Assess the needs of caregivers to provide information and referral to access relevant health and social services.
- Recognise ethical principles, regulatory and legislations relevant to dementia.
- Provide activities to maximise autonomy and promote wellbeing.
- Develop and implement techniques which minimise the impact of changed behaviour.

#### **Training Methodology**

Self-paced E-Learning: SCORM, Forum discussion; Online reflection Classroom: Lecture; Class/Group discussion; Reflection; Demonstration; Role Play; Case Study; Jigsaw Collaborative Learning

Тор	ics	Mode of learning	Duration
Blended Learning			
DAY 1			
•	Person-Centred Care Planning Understanding Health and Neurological Impairment.	E-learning Classroom Facilitation	4 hours 9am – 6pm
DAY 2			
•	Caregiver Support and Self-Care Ethical Principles, Regulatory and Legislations relevant to Dementia	Classroom Facilitation	9am – 5pm
DAY 3			
•	Activities to Promote Wellbeing Written Assessment 1	E-learning Classroom Facilitation including assessment	2.5 hours 9am – 5pm
DAY 4			
•	Minimise the Impact of Changed Behaviour <b>Written Assessment 2</b>	E-learning Classroom Facilitation including assessment.	1.5 hours 9am – 12.30pm

At the end of the course, learners will be required to prepare a powerpoint presentation for practical performance and oral questioning.

#### Venue

- Dementia Singapore Academy, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914
- Enquiries







# **Target Audience**

Professional Staff including nurses, allied health professionals, social workers, counsellors, who wish to acquire entry level competencies to be a dementia practitioner, involved in developing care plans for persons living with dementia, and supporting direct care staff to manage behaviours of concern.

#### **Course Time**

Full day: 9am – 5pm or 6pm Half day: 9am – 12.30pm

## Assessment

Practical Performance & Oral Questioning Duration: 1 hour Date: 3 weeks after last day of classroom training

**Course Fee:** \$1,428.84 (Including GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

### Trainers' Profile

Koh Hwan Jing is the Director of Community Enablement at Dementia Singapore. As an Occupational Therapist for over 20 years, she has a wide range of experiences working with people living with dementia and their caregivers across different care settings. She has developed and delivered training courses for family caregivers and professional caregivers and has been actively involved in enabling community partners to enhance the quality of dementia care. Hwan Jing holds a Masters in Mental Health Studies from King's College London, UK (2007). She has attained the WSQ Diploma in Adult and Continuing Education (DACE) and is certified in Dementia Care Mapping (Advanced User).

