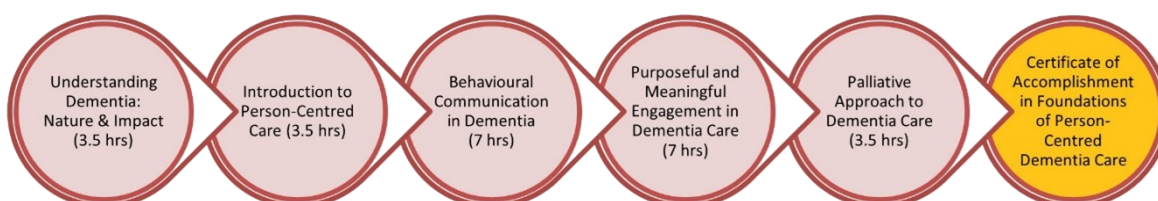


Understanding Dementia: Nature & Impact aims to provide learners with an introduction to dementia and its impact, and ways to assist the person with dementia through Person-Centred Care.

This course is one of the 5 modular courses that can be stacked to attain a “Certificate of Accomplishment” in Foundations of Person-Centred Dementia Care. Refer to the roadmap for all the other modular courses below. Learners can choose to register for individual modular courses that meet the immediate needs at their own pace, and a “Certificate of Performance” will be issued upon the successful completion of each course.



Course Objectives

- Describe the signs and symptoms of dementia, delirium and depression
- Identify the common causes and risk factors of dementia
- Describe the impact of dementia on the person with dementia and family caregivers
- Recognise the principles of Person-Centred Care
- Identify ways in which we can assist the person with dementia in everyday activities to enhance their well-being

Training Methodology

Lecture, Class/Group discussion

Course Outline

- **Zoom Session** • **Face to Face Session**
- Signs and symptoms of dementia, and common causes
- Impact of Dementia in Singapore, on the persons with dementia and on the family caregivers
- Principles of Person-Centred Care
- Ways to support the persons with dementia and caregivers

Venue

📍 Dementia Singapore Academy, 20 Bendemeer Road, BS Bendemeer Centre #01—02 Singapore 339914

Enquiries

☎ 63895384 ✉ academy@dementia.org.sg

Target Audience

Support care staff, ancillary care staff, corporate services staff and volunteers who would like to be equipped with a basic understanding of how to care for people living with dementia in a variety of settings including the family home, centre-based services, and residential care facilities.

Course Time & Assessment

9am – 12.30pm

Assessment: 1 hour online assessment after course

Course Fee: \$172.80 (Including GST) Prevaling course fee subsidy at 90% for Singaporeans/PRs and 45% for foreign staff working in eligible community care organisations.

Trainers' Profile

Joanne Loy is a DACE and ACTA certified full time dementia care trainer with Dementia Singapore (formerly known as Alzheimer's Disease Association (ADA)). She is also a certified Dementia Care Mapping (Basic User) by University of Bradford and Spark of Life certified facilitator. Joanne has conducted training sessions for family and professional caregivers. She is passionate about dementia care and has actively involved in public education on dementia awareness, including raising dementia awareness among seniors at senior activity centres. Prior to becoming a full-fledged trainer, Joanne was a key member of the Elders team in ADA which her main role was to provide guidance and taught eldercare workers on ways to engage persons with dementia in meaningful activities at home.

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