

## REFERRAL FORM FOR DEMENTIA SOCIAL CLUB

Please fax this referral form to :

- Dementia Social Club @Tiong Bahru (298 Tiong Bahru Road #10-05 Central Plaza) **FAX: 6273 0996**  
I/C : Ms Wong Sze Chi ; Tel : 6389 5110 / 8764 4934 or email : szech.wong@dementia.org.sg

### PARTICULARS OF CLIENT

**Name** \_\_\_\_\_

**NRIC No.** \_\_\_\_\_ **Sex** *F / M* **Date of Birth** \_\_\_\_\_

**Address** \_\_\_\_\_ **Postal code** (            )

**Marital Status** *Single / Married / Divorced / Separated / Widowed*

**Race** *Chinese / Malay / Indian / Others* \_\_\_\_\_

**Preferred Spoken Language** *English / Mandarin / Hokkien / Cantonese / Teochew / Malay /  
Tamil / Others* \_\_\_\_\_

**Citizenship** *Singaporean / PR / Foreigner*

### **PARTICULARS OF CONTACT PERSON / CAREGIVER**

**Name** \_\_\_\_\_ **Sex** *F / M* **Relationship to client** \_\_\_\_\_

**Contact Numbers** **Home** \_\_\_\_\_ **Office** \_\_\_\_\_

**Mobile** \_\_\_\_\_ **Email** \_\_\_\_\_

## REFERRAL FORM FOR DEMENTIA SOCIAL CLUB

**NOTE: SECTION A, B & C to be completed by Medical Doctor / Nurse Clinician with consent from family caregiver**  Yes  No

<b>SECTION A. MEDICAL HISTORY</b>
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**Type of dementia** (Please tick ):

Alzheimer's Disease     Vascular     Mixed     \_\_\_\_\_

**Stage of Dementia** (Please tick ):

Mild     Mild to Moderate     Moderate     Moderate to Severe     Severe

**Dementia Follow-up**

Yes (Please provide details below)     No

Doctor's Name \_\_\_\_\_ Designation \_\_\_\_\_

Hospital / Clinic \_\_\_\_\_ Next TCU date (if applicable) \_\_\_\_\_

**Presenting Problem(s)** – *Cognitive and Behavioural (e.g. of behavioural problems – aggression, apathy, shouting, sleep disturbance, wandering, etc.)*

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**Other Medical Condition(s) & Summary of Investigations and Management**

*(Please attach memo if insufficient space)*

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## REFERRAL FORM FOR DEMENTIA SOCIAL CLUB

### Medications / Dosage / Frequency

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**Drug Allergies**  No  Yes (please specify: \_\_\_\_\_)

### SECTION B. SCREENING

Does client currently have any active infectious disease?

No  Yes (please specify: \_\_\_\_\_)

Are there any other precautions to be taken or conditions that would require closer monitoring?

No  Yes (please specify: \_\_\_\_\_)

Results of Chest X-ray (if applicable) \_\_\_\_\_

### SECTION C. CURRENT FUNCTIONAL STATUS Please tick

- a) Mobility : (i)  Ambulant  Semi-ambulant  
(ii) Use of walking aids: \_\_\_\_\_
- b) Bladder :  Continent  Incontinent (Wears Pull-up Pants / Diapers)
- c) Self-Care :
- (i) Toileting :  Independent  Need Supervision  Need Assistance
- (ii) Dressing :  Independent  Need Supervision
- (iii) Feeding :  Independent  Need Supervision
- d) Visual impairment :  Yes  No
- e) Hearing impairment :  Yes  No

## REFERRAL FORM FOR DEMENTIA SOCIAL CLUB

### SECTION D. REFERRING DOCTOR

Name \_\_\_\_\_ Designation \_\_\_\_\_

Contact No. \_\_\_\_\_

Email \_\_\_\_\_

Hospital / Clinic / Ward \_\_\_\_\_

Signature of referring doctor \_\_\_\_\_ Date \_\_\_\_\_

### SECTION E. SOCIAL HISTORY: (INCLUDING MAIN CAREGIVER)

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### SECTION F. ADDITIONAL DETAILS / INFORMATION

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Latest AMT / MMSE score : \_\_\_\_\_ (Date done : \_\_\_\_\_)

### SECTION G. PARTICULARS OF NURSE CLINICIAN / STAFF NURSE

## REFERRAL FORM FOR DEMENTIA SOCIAL CLUB

### COMPLETING THE FORM

Name \_\_\_\_\_ Designation \_\_\_\_\_

Contact No. \_\_\_\_\_

Email \_\_\_\_\_

Hospital / Clinic / Ward \_\_\_\_\_

Signature of Nurse Clinician / Staff Nurse \_\_\_\_\_ Date \_\_\_\_\_

### SECTION H. CONSENTS

As the contact person/caregiver named on page 1 of this Referral Form I consent to:

- the doctor/hospital/clinic providing the personal data in this Referral Form to Dementia Singapore (DSG) for the purpose of the doctor/hospital/clinic referring the client named on page 1 to DSG's Dementia Social Club and
- DSG collecting and using the personal data in this Referral form for the purposes of contacting me about admission of the client to that programme and
- DSG collecting and using any personal data obtained by observation of the client in any face-to-face meeting with DSG to consider their admission to Dementia Social Club

Signature of Contact person/Caregiver \_\_\_\_\_ Date \_\_\_\_\_